



The Taste Revolution Without a Fridge







Chi siamo



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Origin of the Name

"Bliss Plate" was born from the idea of transforming every meal into a moment of pure happiness, especially for those who follow a gluten-free diet. In an increasingly fast-paced world, where time for self-care is limited, Bliss Plate promises to bring back those moments of joy with high-quality gluten-free ready meals. Our dishes combine the authentic taste of homemade food with the convenience of long shelf life without the need for refrigeration, thanks to our innovative sterilization technology.

2

Our Promise

Every Bliss Plate meal represents a culinary experience without compromise, designed to offer exceptional taste, safety, and convenience. Our gluten-free ready meals are not just a quick option, but an invitation to rediscover the pleasure of quality food, with the peace of mind that each bite is safe for those with gluten intolerances. Our promise is to guarantee exceptional taste and unbeatable freshness, all in a product that requires no refrigeration.



3

Vision and Mission

Bliss Plate's vision is to revolutionize the concept of gluten-free ready meals, proving that speed, convenience, and quality can coexist. As a pharmaceutical company, we are committed to maintaining the highest standards of food safety, offering gluten-free meals that never sacrifice taste or health. Our mission is to become the leading brand in shelf-stable gluten-free meals, offering an innovative range of products that cater to those seeking practical and safe solutions.



4

Customer Connection

Our customers' stories are at the heart of our brand. Bliss Plate has transformed the lives of busy families, students, professionals, and anyone in need of a safe, delicious gluten-free meal without sacrificing convenience. Whether you're at home, at the office, or on the go, our gluten-free ready meals are the answer to a dynamic lifestyle, offering quick solutions without compromising on flavor or safety.

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Commitment to Sustainability

Bliss Plate is committed not only to providing high-quality gluten-free ready meals but also to promoting sustainability. We use eco-friendly packaging and continually strive to reduce our carbon footprint. Every purchase of Bliss Plate supports our commitment to a greener future, making our meals a responsible choice for both the planet and your health.



6 Market Leadership

Bliss Plate is a leader in the shelf-stable gluten-free ready meal segment. While competitors like Schär dominate the market with frozen meals, we offer a unique solution: gluten-free ready meals that maintain their flavor and freshness without the need for refrigeration. Thanks to our cutting-edge sterilization technology, our products provide a level of convenience and quality that no one else can match.

7 Call to Action

Join the gluten-free ready-meal revolution with Bliss Plate. Explore our range of ready meals, designed to offer you the best in taste and safety without the need for a fridge. Visit our website to learn more and follow us on social media for inspiring stories, exclusive offers, and much more.





Bliss Plate: Flavor and Quality without Compromise

"Our advanced technology preserves the authentic taste and texture of each dish. Unlike traditional autoclave methods, which can compromise flavor and freshness, Bliss Plate ensures a truly satisfying experience every time."

WHY CHOOSE BLISS PLATE?

Feature	Bliss Plate (Innovative Technology)	Competitors (Traditional Technology)
Taste and Freshness	Rich and Authentic Taste, Just Like Freshly Cooked	Compromised Flavor, Less Appetizing
Storage Without a Fridge	Shelf-Stable at Room Temperature for Up to 12 Months	Requires Refrigeration
Food Safety	Sterilized, 100% Safe, and Preservative-Free	Partial Sterilization, Requires Additives
Natural Ingredients	Only Natural Ingredients, No Preservatives	Potential Chemical Additives for Preservation
Ease of Use	Ready in Minutes, Wherever You Are	Requires Additional Preparations





I NOSTRI PIATTI



1° PIATTI - Gluten Free

Cod. art.	Descrizione	Gr.	Imb.	Shelf life
113GF	Lasagne alla Bolognese	350	9	300gg.
213GF	Lasagne Ricotta e Spinaci	350	9	300gg.
313GF	Lasagne al Salmone	350	9	300gg.
513GF	Cannelloni Ricotta e Spinaci	300	9	300gg.
1213GF	Riso rosso con verdure	220	9	300gg.



2° PIATTI - Gluten Free

Cod. art.	Descrizione	Gr.	Imb.	Shelf life
2113GF	Pollo alla Toscana con patate	270	9	300gg.
2313GF	Pollo al Curry con patate	260	9	300gg.
2613GF	Salsiccia di pollo con fagioli	300	9	300gg.

I nostri piatti



1. Salmon Lasagna (Gluten Free)

- An innovative gluten-free lasagna with the refined taste of salmon!
- Salmon Lasagna: a touch of the sea and gluten-free lightness in one unique dish.
- Ready in minutes, our gluten-free Salmon Lasagna will surprise you with its delicate and fresh flavor.



2. Lasagna alla Bolognese (Gluten Free)

- A classic of Italian cuisine, now gluten-free! Lasagna Bolognese for an authentic taste experience.
- All the flavor of tradition, made with carefully selected ingredients and gluten-free pasta.
- Lasagna Bolognese, lovingly prepared and gluten-free: ready in just a few minutes!



3. Ricotta and Spinach Lasagna (Gluten Free)

- Gluten-free Ricotta and Spinach Lasagna: a perfect harmony of light and wholesome flavors!
- Creamy ricotta and fresh spinach wrapped in gluten-free pasta: perfect for a nutritious meal.
- Taste and lightness, ready in just minutes with our gluten-free Lasagna.



I nostri piatti



4. Ricotta and Spinach Cannelloni (Gluten Free)

- Ricotta and Spinach Cannelloni: a vegetarian classic, gluten-free and perfect for any occasion!
 - Creamy ricotta and fresh spinach wrapped in gluten-free cannelloni: a nourishing and delicious meal.
 - The taste of tradition with a light twist thanks to our gluten-free Cannelloni.
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5. Red Rice with Vegetables (Gluten Free)

- Whole grain red rice and vegetables, a nutritious and gluten-free combination!
 - Natural colors and flavors in a light meal, ready in just a few minutes.
 - A healthy, gluten-free meal for a delicious and balanced break.
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6. Chicken Curry (Gluten Free)

- Embark on a journey of oriental flavors with our gluten-free Chicken Curry!
 - Tender chicken, potatoes, and a creamy curry sauce: perfect for a tasty, quick meal.
 - Discover an exotic dish, gluten-free and ready in minutes.
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I nostri piatti



7. Meatballs with Peas (Gluten Free)

- Meatballs in sauce with peas: a complete, gluten-free dish for the whole family!
- A classic of Italian cuisine, now in a gluten-free version and ready in just a few minutes.
- Simplicity and flavor in a nourishing, gluten-free meal.



8. Tuscan-Style Chicken (Gluten Free)

- The flavors of Tuscany in a gluten-free dish: Tuscan-Style Chicken, an irresistible classic!
- Chicken, bell peppers, and tomatoes: a winning combination, gluten-free and full of flavor.
- A ready-to-eat dish bringing the taste of Tuscan tradition to your table.



9. Sausage with Beans (Gluten Free)

- Chicken sausage and borlotti beans: a tasty, gluten-free dish perfect for a quick meal.
- Enjoy a classic Italian dish made with wholesome, gluten-free ingredients.
- Rich flavor, ready in minutes, with our gluten-free Sausage and Beans.



The
REVOLUTION
of the ready dish
GLUTEN FREE





CUSTOMER SUPPORT

MON - FRI 09:00 - 12:00

www.blissplate.it/assistenza

Contact us at: **commerciale@blissplate.it**
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